

Remembering Angelina Trinca

1932 - 2022



*“our oneness in Christ extends
beyond this life,
the bond of community
unites us even after death”
(Const. #59/d.31)*

On Good Friday, April 15, 2022, Sister Angelina Trinca, formerly Sister Mary Pius, was shepherded by her Beloved, Jesus, and St. Angela into the fullness of Easter Joy. Sister Angelina, the daughter of Maria and Agostino and sister of Giustina, Louis, Al, Rita and John, was in her ninetieth year. She grew up in Windsor, the daughter of immigrant parents and was always proud of her rich Italian heritage.

In her long and full life Angelina ministered in the areas of education, pastoral ministry, retreat work and through her prayer and suffering. Her own struggles and suffering made her an empathetic companion to others. Her Ursuline Sisters particularly valued her contributions to community renewal through her insights and sharing on the life of St. Angela Merici, their founder and guide.

Angelina's celebration of life was held at Villa Angela/St. Angela's Meadow Retirement Lodge. While COVID restrictions still prevent the participation of family and friends, the sisters were very pleased to welcome Angelina's niece, Jennifer who represented the family as she played the violin and accompanied the sisters during the singing. Family and friends were able to visit at the Hinnegan-Peseski Funeral Home later in the day.

Sister Marian Krauskopf offered a reflection on Sister Angelina's life reminding us of Angelina's deep love for her family and her community, her gentle humour and her other-centeredness even in the midst of her own struggles. Like St. Angela herself, Angie found her refuge at the feet of Jesus as she dedicated herself daily to the One who spoke constantly in her heart.

The Mass of Resurrection as celebrated at the Blessed Sacrament site with Father Dikran presiding. Sister Theresa Campeau welcomed the family and friends of Sister Angelina. Music was provided by the parish music ministers and by Jennifer Trinca whose violin solos revealed the beauty of Angelina's Italian and spiritual heritage.

Father Dikran in his reflection on Angelina's life encouraged us to be attentive to the final messages which Angelina wished to share with those she loved so dearly. Embedded in the readings she herself selected were her final gifts to us:

The time for singing has come.
Let us love one another because God has first loved us.
There is no fear in love.
My own peace is my final gift to you.
You will find your rest in me.

Family members were pall bearers and Sister Marian led the prayers at the cemetery. The crucifix was presented to Jennifer Trinca as a symbol of the family's ongoing connection with the Ursuline Community.

Sister Angelina's words:

“My God is like a dancing woman within my heart leading me in a dance.”

